

TRI-VALLEY INVITATIONAL

4/16/2016

330 SHUTTLE HURDLES

3200 METER RUN

Craner 10:43

100 DASH (SEMI-FINAL)

Alvarez	12.4	Gagliardi	12.6
Sosnick	12.2	Marin	13.5
Moran	12.6	Wallace	12.3
Lopez	12.8	Melick	Coach Missed Time
		Clarke	13.0

FROSH 800 RUN

SOPH 800 RUN

Huang	02:21.8
Kanzler	02:19.7
Strano	3:10

VAR 800 RUN

Moran	01:59.7
Samuels	02:00.2
Vallejo	2:10
Perazza	2:43

100 DASH (FINAL)

FROSH/SOPH 400 D

Melick	62.4
Sosnick	58.8
Kanzler	63.3

VAR 400 DASH

St. Jermaine 59.5

4 X 800 RELAY

Vallejo	02:13.8
Moran	02:10.3
(Craner)	02:14.4
Samuels	02:11.6
	08:50.0

200 DASH (SEMI)

Alvarez	25.3	Marin	28.8
Sosnick	24.9	Clarke	27.2
Tejada		Lopez	26.7
Melick	Coach Missed Time		

2000 STEEPLECHASE

200 DASH (FINAL)

400 HURDLES

Moran	62.9
Clarke	72.2

FROSH/SOPH 1600

Pushman	
Huang	5:26
Mercier	6:44
Brundage	
Strano	6:38

VARSITY 1600

Summers	5:51
Perazza	6:00

F/S 4 X 100 RELAY

Sosnick	12
Melick	12.1
Walker	11.2
Lopez	14
	49.2

4 X 100 RELAY

Moran	12.0
Wallace	11.2
Samuels	12.7
Alvarez	11.1
	47.0

4 X 400 RELAY

Vallejo	53.2
Moran	51.9
Craner	57.2
Samuels	52.1
	03:34.4

THROWERS 4 X 100

Sam Blake	15.8
Ryan Dien	14.3
Betcher	14.4
Irving Pad	12.7
	55.8

VARSITY HIGH JUMP

Moran 5-6
Vallejo ?

FROSH SOPH HIGH JUMP

Lopez 4-6
Jackson 4-6

Fr/Soph Pole Vault

VARSITY POLE VAL

Delorenzo 12-6
Gagliardi 10-0

FROSH/SOPH LONG JUMP

Jackson 15-2
Walker 17-1

VARSITY LONG JUMP

Wallace 17-2
Gagliardi

VARSITY TRIPLE JUMP

Wallace 38-1
Jackson 32-2.75
Walker 34-2.5

VARSITY SHOT PUT

Betcher 37-6
Jacob Tresco 22-7
Ryan Diener 23-11
Matt Delorenzo 32-2

VARSITY DISCUS

Betcher 112-0
Jacob Tresco 65-0

FROSH/SOPH SHOT PUT

Padgett 26-4
Blake 29- .5

FROS/SOPH DISCUS

Blake 66-7
Diener 58-11

JAVELIN

Betcher 121-0
Padgett 65-7

HAMMEI

Betcher
Irving Pa
Ryan Die

ASH

SE

ILT

R

dgett	93-0
ner	62-0
	74-11