

Crusader Relays - 5/4/2012 3:13:03 PM
Monroe-Woodbury HS, Monroe, NY

Frosh/Soph Boys 4x100 Meter Relay

Team	Time	Pts
1 Washingtonville	45.10	6
2 Pine Bush	46.10	4
3 Cornwall	46.70	3
4 Newburgh Free Academy	47.00	2
5 NY-Ramapo	47.20	1
6 Valley Central	47.50	
7 Middletown	47.60	
8 Cornwall	47.80	
9 RC Ketcham	48.10	
10 Monroe-Woodbury	48.70	
10 Pine Bush	48.70	
12 Newburgh Free Academy	48.80	
13 Monroe-Woodbury	48.90	
14 North Rockland	49.00	
15 Spring Valley	49.10	
16 Bergen Tech	49.50	
17 Kingston	50.00	
17 Bergen Tech	50.00	
19 NY-Ramapo	50.10	
20 RC Ketcham	50.20	
21 Tappan Zee	50.50	
22 Wallkill	50.60	
23 Westwood	51.30	
24 North Rockland	52.10	
25 Onteora	52.40	
26 Monroe-Woodbury	53.10	
27 North Rockland	53.60	
28 Washingtonville	53.70	
29 Monroe-Woodbury	54.50	
30 Washingtonville	54.60	
31 Westwood	54.70	
32 Ramapo-NJ	54.90	
33 Pearl River	56.30	
34 Highland	56.60	
35 Westwood	57.00	
36 Tappan Zee	1:00.80	

Frosh/Soph Boys 4x400 Meter Relay

Team	Time	Pts
1 Washingtonville	3:30.30	6
2 Valley Central	3:40.30	4
3 Monroe-Woodbury	3:40.60	3
4 Suffern	3:41.40	2
5 Newburgh Free Academy	3:42.10	1

6	Tappan Zee	3:43.20
7	NY-Ramapo	3:43.90
8	North Rockland	3:44.50
9	Cornwall	3:45.40
10	Longwood	3:45.80
11	Pine Bush	3:47.00
12	Monroe-Woodbury	3:52.40
13	Newburgh Free Academy	3:54.00
14	Washingtonville	3:54.60
15	Bergan Tech	3:55.10
16	Westwood	3:55.20
17	Pine Bush	3:56.40
18	Pearl River	3:57.10
19	Wallkill	3:57.40
20	RC Ketcham	4:00.50
21	Monroe-Woodbury	4:01.90
22	Pine Bush	4:02.50
23	North Rockland	4:03.60
24	Nanuet	4:04.80
25	Cornwall	4:05.60
26	Monroe-Woodbury	4:05.70
27	Suffern	4:05.90
28	Valley Central	4:06.80
29	Newburgh Free Academy	4:10.60
29	Westwood	4:10.60
31	Pearl River	4:11.10
32	NY-Ramapo	4:16.80
33	Bergan Tech	4:22.90
34	Nanuet	4:23.40
35	Valley Central	4:28.60
36	North Rockland	4:31.80
37	Washingtonville	4:34.10
38	Nyack	4:36.30
39	Westwood	4:39.00
40	Pearl River	4:43.10

Frosh/Soph Boys 4x800 Meter Relay

Team	Time	Pts
1 RC Ketcham	8:43.80	6
2 Pine Bush	8:54.30	4
3 Westwood	9:01.10	3
4 Kingston	9:02.30	2
5 Nyack	9:09.20	1
6 Monroe-Woodbury	9:11.10	
7 Tappan Zee	9:26.40	
8 Pine Bush	9:26.70	
9 RC Ketcham	9:28.80	
10 Pearl River	9:35.00	
11 Monroe-Woodbury	9:36.20	
12 Cornwall	9:37.90	
13 Nanuet	9:39.60	
14 Washingtonville	9:46.00	
15 Suffern	9:46.60	
16 Longwood	10:07.90	

17 Wallkill	10:11.60
18 Nanuet	10:12.90
19 Highland	10:14.20
20 Washingtonville	10:20.90
21 Onteora	10:34.50
22 Ramapo-NJ	10:36.00
23 Washingtonville	10:37.40
24 Middletown	10:38.40
25 Bergen Tech	10:38.80
26 Monroe-Woodbury	10:45.20

Frosh/Soph Boys 1600 Meter Sprint Medley Relay

Team	Time	Pts
1 Suffern	3:41.50	6
2 Washingtonville	3:42.10	4
3 Tappan Zee	3:47.50	3
4 North Rockland	3:47.80	2
5 Green Meadow	3:51.00	1
6 Pearl River	3:51.10	
7 Westwood	3:54.80	
8 Kingston	3:56.50	
9 Suffern	3:58.20	
10 Spring Valley	3:58.70	
11 Nyack	3:59.00	
12 Bergen Tech	4:00.00	
13 Nanuet	4:00.90	
14 Middletown	4:03.60	
15 Washingtonville	4:05.60	
16 Highland	4:06.50	
17 Tappan Zee	4:07.20	
18 Valley Central	4:09.00	
19 Monroe-Woodbury	4:11.10	
20 Valley Central	4:13.90	
21 Pearl River	4:18.70	
22 Suffern	4:19.00	
23 Monroe-Woodbury	4:19.20	
24 Westwood	4:20.90	
25 Cornwall	4:24.20	
26 Bergen Tech	4:25.00	
27 Washingtonville	4:28.50	
28 Nanuet	4:30.30	
29 Longwood	4:31.10	
30 Suffern	4:31.40	
31 Washingtonville	4:35.10	
32 Tappan Zee	4:40.90	
33 Wallkill	4:43.00	
34 Westwood	4:44.00	
35 Tappan Zee	4:44.30	
36 Pearl River	4:46.20	
37 Monroe-Woodbury	4:50.00	
38 Monroe-Woodbury	4:51.40	
39 Onteora	4:52.40	
40 Ramapo-NJ	5:03.30	

Frosh/Soph Boys Pole Vault

	Name	Yr Team	Mark	Pts
1	Travis Fountain	Monroe-Woodbury	12-00.00	6
2	Chris Baines	Newburgh Free Academy	11-06.00	4
3	Liam McGarry	Pearl River	10-06.00	3
4	Matt Leanza	Suffern	10-00.00	2
5	Deven Cuttina	Newburgh Free Academy	10-00.00	1
6	Onu Echefu	North Rockland	9-06.00	
6	Aidan Miller	Pearl River	9-06.00	
8	Brandon Hyacinthe	Longwood	9-00.00	
8	Alan Besais	Monroe-Woodbury	9-00.00	
8	Tim Scully	Monroe-Woodbury	9-00.00	
8	Zach Laguerre	Wallkill	9-00.00	
12	Justin Benkovic	North Rockland	8-00.00	
12	Luke Arnett	Cornwall	8-00.00	
12	Tyler Perry	RC Ketcham	8-00.00	
12	Matt Carl	Valley Central	8-00.00	
12	Brian Kinsella	Monroe-Woodbury	8-00.00	
12	Matt Krumoltz	RC Ketcham	8-00.00	
12	Cody Leung	RC Ketcham	8-00.00	
12	Robert Dean	Middletown	8-00.00	
20	Jake Diamond	Suffern	7-00.00	
20	Irving Ruiz	Longwood	7-00.00	
20	Mike Vecchio	Cornwall	7-00.00	
20	Noah Martinez	Monroe-Woodbury	7-00.00	
20	Jeff Sanawong	Nanuet	7-00.00	
20	Sean Bennett	Middletown	7-00.00	

Frosh/Soph Boys Long Jump

	Name	Yr Team	Mark	Wind
Pts				
1	Andrew Symon	RC Ketcham	18-07.00	NWI
6	Luis Lugo	North Rockland	18-04.00	NWI
4	Marcus Louis	Cornwall	18-03.00	NWI
3	Chris White	Middletown	18-01.50	NWI
2	Khari Harris	Valley Central	17-04.00	NWI
1	Khalil Guerrier	Suffern	17-02.50	NWI

Frosh/Soph Boys Triple Jump

	Name	Yr Team	Mark	Wind
Pts				

6	1 D. Jones	Monroe-Woodbury	41-08.50	NWI
4	2 Luis Lugo	North Rockland	40-04.00	NWI
3	3 Marcus Louis	Cornwall	38-02.00	NWI
2	4 W. Conroy	Bergan Tech	37-05.00	NWI
1	5 M. Thompson	Wallkill	37-03.00	NWI

Frosh/Soph Boys High Jump

Name	Yr Team	Mark	Pts
1 Marcus Louis	Cornwall	5-10.00	6
2 Matt Przybocki	Pine Bush	5-10.00	4
3 Terrence Lawrence	Highland	5-10.00	3
4 Carrel Jones	Monroe-Woodbury	5-06.00	2
5 Kameron Gradney	Longwood	5-03.00	1
6 Damian Fender	RC Ketcham	5-03.00	
6 Issaiah Lugman	Pearl River	5-03.00	
8 Beau Forrester	Highland	5-00.00	
8 Zack Sikerski	Monroe-Woodbury	5-00.00	
10 Nick Muti	Washingtonville	4-09.00	
10 Brandon Stein	Washingtonville	4-09.00	
10 Micah Yannatos	Onteora	4-09.00	
10 James Swan	Pine Bush	4-09.00	
10 Zach Laguerre	Wallkill	4-09.00	
10 Denzell Smallwood	Middletown	4-09.00	
10 Justin Estevez	Nanuet	4-09.00	

Frosh/Soph Boys Shot Put

Name	Yr Team	Mark	Pts
1 Corey Murphy	Longwood	41-09.75	6
2 Dave Carlson	Kingston	41-03.00	4
3 Wanyae Reed	Valley Central	40-07.50	3
4 Harrison Foley	North Rockland	39-04.25	2
5 JJ. Mulvey	RC Ketcham	38-01.25	1

Frosh/Soph Boys Discus Throw

Name	Yr Team	Mark	Pts
1 Corey Murphy	Longwood	124-04	6
2 Harrison Foley	North Rockland	118-05	4
3 Dave Carlson	Kingston	118-04	3
4 Aaron Forbes	Newburgh Free Academy	112-07	2
5 Eric Favors	North Rockland	112-00	1

Frosh/Soph Girls 4x100 Meter Relay

Team	Time	Pts
------	------	-----

1	Newburgh Free Academy	51.10	6
2	Monroe-Woodbury	52.70	4
3	North Rockland	53.10	3
4	Longwood	53.20	1.5
4	Pine Bush	53.20	1.5
6	Washingtonville	53.70	
7	Middletown	53.80	
8	Nanuet	54.10	
9	Cornwall	54.30	
10	Monroe-Woodbury	54.50	
11	Valley Central	54.70	
12	Westwood	55.30	
13	Newburgh Free Academy	56.10	
14	Ramapo-NJ	56.50	
15	Nyack	56.60	
16	Cornwall	56.90	
16	Middletown	56.90	
18	Ramapo-NJ	57.10	
19	Monroe-Woodbury	57.30	
19	RC Ketcham	57.30	
21	Bergan Tech	57.70	
22	Westwood	57.90	
23	Onteora	58.80	
24	Tappan Zee	59.00	
25	Wallkill	59.20	
26	Highland	59.30	
27	Valley Central	59.40	
28	North Rockland	59.90	
28	Monroe-Woodbury	59.90	
30	Ramapo-NJ	1:00.30	
31	Ramapo-NJ	1:00.60	
32	North Rockland	1:01.40	
33	Tappan Zee	1:01.60	
33	RC Ketcham	1:01.60	
33	RC Ketcham	1:01.60	
36	Nyack	1:02.50	
37	Monroe-Woodbury	1:03.00	
38	Washingtonville	1:03.90	
39	Tappan Zee	1:05.40	
40	Westwood	1:05.50	
41	Monroe-Woodbury	1:07.80	
42	Nanuet	1:10.50	
Frosh/Soph Girls 4x400 Meter Relay			
=====			
	Team	Time	Pts
=====			
1	Middletown	4:05.70	6
2	Newburgh Free Academy	4:05.90	4
3	Monroe-Woodbury	4:13.20	3
4	Valley Central	4:15.70	2
5	Westwood	4:18.00	1
6	Washingtonville	4:22.00	
7	Cornwall	4:26.50	
8	Suffern	4:28.20	
9	Newburgh Free Academy	4:30.70	

10	North Rockland	4:34.30
11	Nanuet	4:35.60
12	Monroe-Woodbury	4:36.90
13	Suffern	4:37.60
14	Valley Central	4:38.50
15	Ramapo-NJ	4:40.70
16	Kingston	4:41.30
17	Bergan Tech	4:41.40
18	Monroe-Woodbury	4:42.40
19	RC Ketcham	4:43.30
20	Cornwall	4:44.10
21	Monroe-Woodbury	4:46.70
22	Westwood	4:49.80
23	Highland	4:51.20
24	Pine Bush	4:51.70
25	Wallkill	4:55.50
26	Valley Central	5:01.30
27	Monroe-Woodbury	5:08.60
28	Onteora	5:10.00
29	Washingtonville	5:11.00
30	Nanuet	5:11.80
31	Suffern	5:14.50
32	Bergan Tech	5:24.80
33	Nanuet	5:36.60
34	Monroe-Woodbury	5:46.00

Frosh/Soph Girls 4x800 Meter Relay

Team	Time	Pts
1 Suffern	9:37.20	6
2 Newburgh Free Academy	9:59.90	4
3 Valley Central	10:07.70	3
4 Pine Bush	10:22.70	2
5 Bergan Tech	10:42.70	1
6 Cornwall	10:46.00	
7 Kingston	10:47.40	
8 Monroe-Woodbury	11:07.50	
9 Monroe-Woodbury	11:11.30	
10 Suffern	11:15.90	
11 Nanuet	11:47.90	
12 Highland	12:00.10	
13 Monroe-Woodbury	12:02.20	
14 Wallkill	12:08.40	
15 Bergan Tech	12:16.00	
16 Newburgh Free Academy	12:32.60	
17 Middletown	12:35.10	
18 Washingtonville	12:40.50	
19 Valley Central	12:41.80	

Frosh/Soph Girls 1600 Meter Sprint Medley Relay

Team	Time	Pts
1 Westwood	4:18.10	6
2 Valley Central	4:20.50	4

3	Suffern	4:22.80	3
4	Washingtonville	4:23.80	2
5	Nyack	4:29.60	1
6	Pine Bush	4:31.20	
7	Bergan Tech	4:31.50	
8	Monroe-Woodbury	4:35.40	
9	Spring Valley	4:38.50	
10	Kingston	4:40.70	
11	Tappan Zee	4:40.90	
12	Middletown	4:41.20	
13	North Rockland	4:42.50	
14	Newburgh Free Academy	4:44.30	
15	RC Ketcham	4:45.00	
16	Suffern	4:46.80	
17	Highland	4:48.40	
18	Ramapo-NJ	4:49.10	
19	Suffern	4:50.50	
20	Monroe-Woodbury	4:50.90	
21	NY-Ramapo	4:51.30	
22	Monroe-Woodbury	4:51.40	
23	Monroe-Woodbury	4:52.90	
24	Westwood	4:55.00	
25	Cornwall	4:57.30	
26	Monroe-Woodbury	4:58.20	
27	Nanuet	4:59.80	
28	Bergan Tech	5:01.20	
29	RC Ketcham	5:01.80	
30	Middletown	5:03.00	
31	Wallkill	5:05.90	
32	Nanuet	5:07.70	
33	Tappan Zee	5:08.00	
34	Suffern	5:08.70	
35	Suffern	5:16.50	
36	Newburgh Free Academy	5:18.90	
37	Washingtonville	5:19.20	
38	RC Ketcham	5:20.70	
39	Ramapo-NJ	5:25.10	
40	Newburgh Free Academy	5:32.60	
41	Westwood	5:33.10	
42	Tappan Zee	5:36.20	
43	Nanuet	5:36.40	
44	Suffern	5:54.50	

Frosh/Soph Girls Pole Vault

Name	Yr Team	Mark	Pts
1 Julia Rubin Armstron	Onteora	9-00.00	5
1 Alexis Finn	Monroe-Woodbury	9-00.00	5
3 Leah Wachsmuth	RC Ketcham	7-06.00	3
4 Heidi Tannhauser	North Rockland	7-00.00	1.5
4 Amber DeMatteis	Longwood	7-00.00	1.5
6 Jasmine Harrison	Kingston	7-00.00	
6 Sam Beyar	Monroe-Woodbury	7-00.00	
6 Veronica Vassallo	RC Ketcham	7-00.00	
6 Brittany Haughton	Nanuet	7-00.00	

10	Katarina Vanledtie	Cornwall	6-00.00
10	Athena Blair	Cornwall	6-00.00
10	Alyssa Rainford	Suffern	6-00.00
10	Becca Stegman	Monroe-Woodbury	6-00.00
10	Samantha Gardella	Monroe-Woodbury	6-00.00
10	Kateri Rubenstahl	Washingtonville	6-00.00
10	Kathy Evans	Washingtonville	6-00.00
10	Erica Horan	Nanuet	6-00.00
10	Samantha Barraca	Longwood	6-00.00
10	Rachal Gavop	Longwood	6-00.00
10	Dominika Mallinowski	Longwood	6-00.00

Frosh/Soph Girls Long Jump

==	Name	Yr Team	Mark	Wind
Pts				
==				
1	Avery Maillet	Onteora	15-08.00	NWI
6	2 Ciarra Holmes	Wallkill	15-02.50	NWI
4	3 Kaylyn Gordon	NY-Ramapo	14-11.00	NWI
3	4 Bria Wright	North Rockland	14-06.00	NWI
2	5 Nia Mitchell	Cornwall	14-05.50	NWI
1				

Frosh/Soph Girls Triple Jump

==	Name	Yr Team	Mark	Wind
Pts				
==				
1	Bria Wright	North Rockland	33-02.50	NWI
6	2 Wilvlyne Laurent	North Rockland	32-11.00	NWI
4	3 Chontel Fils	Spring Valley	31-10.00	NWI
3	4 Kaitlyn King	Onteora	31-01.00	NWI
2	5 Rebecca Longadyke	Kingston	30-10.00	NWI
1	6 Emily Joerg	RC Ketcham	30-07.00	NWI
	7 Erin Johnson	North Rockland	30-06.00	NWI
	8 Ashley Senior	Newburgh Free Academy	30-05.00	NWI
	9 Ali Diaz	Ramapo-NJ	30-00.00	NWI
	10 Dejanne Smith	Suffern	29-07.00	NWI
	11 Hope Ebert	Pine Bush	29-06.00	NWI
	12 Nia Mitchell	Cornwall	29-01.00	NWI
	12 Katie Ellsworth	Suffern	29-01.00	NWI
	14 Amber Lubaszka	North Rockland	28-11.00	NWI

15	Dylan Rosenfeld	Westwood	28-06.00	NWI
16	Kerry Glover	Ramapo-NJ	28-04.00	NWI
17	Leah Brown	Spring Valley	28-03.50	NWI
18	Brianna Yee	Tappan Zee	28-00.00	NWI
19	Megan Gagnon	Cornwall	27-11.00	NWI
20	Angelica Butler	Middletown	27-06.00	NWI
21	darcy Stewart	Kingston	27-03.00	NWI
22	Katie Boesch	Highland	27-01.00	NWI
23	Stephanie Foo	Bergan Tech	27-00.00	NWI
24	Amber Henderson	Onteora	26-04.50	NWI
25	Madison Allard	Wallkill	26-00.00	NWI
26	Emma Russell	Onteora	25-06.00	NWI
26	Alexis Acevedo	Monroe-Woodbury	25-06.00	NWI
28	Nicole Eskow	Bergan Tech	25-04.00	NWI
29	Amanda Drován	RC Ketcham	25-01.00	NWI
30	Victoria Foti	Wallkill	24-07.00	NWI
31	Alexis Mach	Pine Bush	23-09.00	NWI

Frosh/Soph Girls High Jump

Name	Yr Team	Mark	Pts
1 Sarah William	Newburgh Free Academy	4-10.00	6
2 Caoimhe Bowden	Monroe-Woodbury	4-08.00	4
3 Erica Russell	Newburgh Free Academy	4-08.00	3
4 Emily Joerg	RC Ketcham	4-08.00	2
5 Katie Ellsworth	Suffern	4-06.00	1
6 Cassidy Emmert	Monroe-Woodbury	4-06.00	
6 Britany Maragh	Nanuet	4-06.00	
6 Naomi Costabile	North Rockland	4-06.00	
9 Emily Algert	Tappan Zee	4-03.00	
9 Alexis Acevedo	Monroe-Woodbury	4-03.00	
9 Mia Delnunzio	Middletown	4-03.00	
9 Hayley Amanuel	Monroe-Woodbury	4-03.00	
9 Leah Wachsmuth	RC Ketcham	4-03.00	
9 Anna Zoodsma	RC Ketcham	4-03.00	
9 Veronica Vassallo	RC Ketcham	4-03.00	
9 Daria Christiana	Kingston	4-03.00	
9 Katie Klercker	Onteora	4-03.00	
18 Christine DeGraff	Wallkill	4-00.00	
18 Victoria Laiso	Newburgh Free Academy	4-00.00	
18 Aisha Thompson	RC Ketcham	4-00.00	
18 Christa Sidoti	Cornwall	4-00.00	
18 Kathryn Conway	Suffern	4-00.00	
18 Brooke Gitlin	Suffern	4-00.00	
18 Renee Williams	Kingston	4-00.00	
18 Amber Lubaszka	North Rockland	4-00.00	

Frosh/Soph Girls Shot Put

Name	Yr Team	Mark	Pts
1 Emmani Robinson	Newburgh Free Academy	33-04.25	6
2 Leah Roach	Longwood	32-05.75	4
3 Lailee Oakes	Westwood	30-04.50	3
4 Hunter Longenberger	RC Ketcham	27-10.00	2

5	Megan Donnelly	Nanuet	25-11.00	1
Frosh/Soph Girls Discus Throw				
Name	Yr	Team	Mark	Pts
1	Kialee Oakes	Westwood	103-11	6
2	Danaya Flanders	Monroe-Woodbury	82-06	4
3	Emily Casazza	Monroe-Woodbury	75-05	3
4	Megan Donnelly	Nanuet	74-10	2
5	Rachel Zielinski	RC Ketcham	69-09	1
Varsity Boys 110 Meter Hurdles				
Name	Yr	Team	Time	Pts
1	Alex Pennachio	RC Ketcham	15.70	6
2	Qiyam Green	Kingston	16.30	4
3	Alex Muller	RC Ketcham	16.30	3
4	M. Roberts	Ramapo-NJ	16.30	2
5	Johan Juner	Longwood	16.60	1
Varsity Boys 400 Meter Hurdles				
Name	Yr	Team	Time	Pts
1	Amin Tmimi	Monroe-Woodbury	56.90	6
2	David Hadaller	Monroe-Woodbury	57.10	4
3	Jonathon Pierre	Middletown	59.30	3
4	Jarrett Distasi	Highland	59.80	2
5	Walter Penate	Longwood	1:00.00	1
Varsity Boys 100 Meter Dash				
Name	Yr	Team	Time	Pts
1	Mark Jackson	Longwood	10.70	6
2	Elon Walters	RC Ketcham	10.70	4
3	Kevin Jocelyn	NY-Ramapo	10.70	3
4	Xavier McAllister	Newburgh Free Academy	11.00	2
5	Anthony Hall	Cornwall	11.00	1
6	Sidney Salvodon	NY-Ramapo	11.20	
Varsity Boys 800 Meter Run				
Name	Yr	Team	Time	Pts
1	Mike Engesser	Longwood	1:58.40	6
2	Julio Melendez	Nyack	1:58.90	4
3	Alex Combs	Cornwall	1:59.70	3
4	Darian Edwards	Wallkill	2:00.20	2
5	Austin Mermeir	Pine Bush	2:01.00	1
6	Colin Chateau	Wallkill	2:01.50	
7	Shaquille Wimerly	Newburgh Free Academy	2:02.30	
8	Steve Standal	Longwood	2:05.10	
9	Steve Smith	Pine Bush	2:07.40	

10	Lucas Lerner	Onteora	2:12.70
----	--------------	---------	---------

Varsity Boys 1500 Meter Run

	Name	Yr Team	Time	Pts
1	Michael Collins	Suffern	4:10.20	6
2	Zach Malik	Longwood	4:18.30	4
3	Adam Alabisizen	Pine Bush	4:19.10	3
4	Llaney Hernandez	Monroe-Woodbury	4:22.30	2
5	Jesse Starkey	Suffern	4:23.20	1
6	J. T. McEntyre	Monroe-Woodbury	4:27.70	
7	Brendan Davis	Cornwall	4:29.50	
8	Alan Bowen	Suffern	4:34.80	
9	Dyan Eldred	Monroe-Woodbury	4:37.80	
10	Ronan Cruickshank	Onteora	4:40.80	
11	Caleb Rudge	Onteora	4:42.30	
12	Dante Peluso	Onteora	4:42.50	
13	Damien Stevens	Highland	4:44.30	
14	Alex Santo	Monroe-Woodbury	4:46.30	
15	Mark Alaharian	Pine Bush	4:47.00	
16	Steve Sussman	Monroe-Woodbury	4:48.00	
17	Will Lindau	Pine Bush	4:49.60	
18	Jeremy Shriiber	Monroe-Woodbury	4:50.60	
19	Kyle Welch	Highland	4:52.30	
20	Zach Lipsky	Monroe-Woodbury	4:53.20	
21	Andy Meca	Onteora	4:54.40	
22	Henry Loughlin	Kingston	4:54.80	
23	Kieran Brown	Monroe-Woodbury	4:55.00	
24	Shane McManus	Wallkill	5:00.00	
25	Steven Tillinghast	Onteora	5:00.40	
26	Jaskaram Gogi	RC Ketcham	5:02.40	
27	Steven Devin	Highland	5:08.60	
28	Carl Adamczak	Highland	5:14.30	
29	Danny Carrillo	Spring Valley	5:14.60	
30	Dom Russo	Middletown	5:17.10	
31	Dane Suarez	Kingston	5:18.70	
32	Chris Haight	Wallkill	5:21.00	
33	Alex Formato	Wallkill	5:25.40	
34	Nick Piaquadis	Wallkill	5:25.80	
35	Logan Losito	Wallkill	5:40.10	
36	Aidan Klein	Onteora	5:42.10	
37	Brian Hayes	Highland	6:29.10	
38	Dallas Harder	Onteora	6:47.20	

Varsity Boys Pole Vault

	Name	Yr Team	Mark	Pts
1	Amin Tmimi	Monroe-Woodbury	13-06.00	6
2	Steve Smith	Pine Bush	13-00.00	4
3	Mario Careccia	RC Ketcham	12-06.00	3
4	Chris Wong	Bergan Tech	12-00.00	2
5	Anthony Catalano	Westwood	11-06.00	1

Varsity Boys Triple Jump

=====				
===				
	Name	Yr Team	Mark	Wind
Pts				
=====				
===				
1	J. Sallui	Longwood	43-07.00	NWI
6				
2	J. Bynum	Middletown	43-06.00	NWI
4				
3	D. Wellman	Wallkill	42-00.00	NWI
3				
4	J. Williams	Longwood	40-08.00	NWI
2				
5	N. Occhi	Onteora	40-04.50	NWI
1				
Varsity Boys High Jump				
=====				
	Name	Yr Team	Mark	Pts
=====				
1	Xavier McAllister	Newburgh Free Academy	6-08.00	6
2	Mark Jackson	Longwood	6-06.00	4
3	Rob Gamble	Monroe-Woodbury	6-04.00	3
4	Alex Corrado	Wallkill	6-04.00	2
5	Robert Tutein	Nanuet	6-02.00	1
Varsity Boys Long Jump				
=====				
===				
	Name	Yr Team	Mark	Wind
Pts				
=====				
===				
1	Mark Jackson	Longwood	21-04.50	NWI
6				
2	T. Papacelli	Monroe-Woodbury	20-07.50	NWI
4				
3	G. Biggs	Longwood	20-04.00	NWI
3				
4	K. Green	Kingston	20-03.50	NWI
2				
5	R. Zmac	Bergan Tech	19-11.50	NWI
1				
Varsity Boys Shot Put				
=====				
	Name	Yr Team	Mark	Pts
=====				
1	Ryan Hickey	Onteora	45-07.00	6
2	Axel Joseph	NY-Ramapo	42-10.00	4
3	Tanner Tenhagen	Cornwall	42-01.75	3
4	Corey Murphy	Longwood	41-07.50	2
5	Jeff Carroll	Nanuet	41-03.00	1
6	Mike Ferri	Pine Bush	40-02.75	
7	Clifford Joseph	Suffern	40-02.00	

8	Karl Torres	Monroe-Woodbury	39-05.75
9	Ryan Parino	Monroe-Woodbury	39-05.00
10	Ryan O'Toole	Wallkill	38-08.50
11	Joe DePietro	Cornwall	38-01.00
12	Justin Watson	Kingston	37-10.50
13	Tim Wade	Middletown	37-04.50
14	Zach Gobetz	Suffern	36-11.50
15	Dan Taylor	Wallkill	36-11.00
16	Dan Shambo	Kingston	36-06.50
17	Greg Marc	Spring Valley	36-05.50
18	Troy Trent	Longwood	36-05.00
19	Mike Gratereaux	Longwood	36-04.00
20	Elon Walters	RC Ketcham	36-01.50
21	Sawyer Bell	RC Ketcham	35-11.00
22	Troy McConico	Monroe-Woodbury	35-05.75
23	Kervins Ferdilus	NY-Ramapo	34-10.50
24	Elmo Tinti	Onteora	34-05.00
25	Darren Cuppo	Monroe-Woodbury	33-07.50
26	Aidan Holwent	Ramapo-NJ	33-03.00
27	Kieran Brown	Monroe-Woodbury	32-11.00
28	Evan Chen	Pine Bush	32-09.00
29	Anthony Catalano	Westwood	32-06.50
30	Tim Carver	Middletown	32-02.25
31	Andrew Weiss	Nanuet	31-11.00
32	Robert Hull	Middletown	31-10.50
33	Chris Salvatore	Monroe-Woodbury	31-08.00
34	Bob Syracuse	Nanuet	29-09.00
35	Chris Reilly	RC Ketcham	29-06.50
36	Steven Foster	Wallkill	29-03.00
37	Nick Dvorak	Monroe-Woodbury	28-08.50
38	Walter Diaz	Nanuet	28-07.50
39	Luke Ward	Monroe-Woodbury	27-10.25
40	Eleazar Medoza	Middletown	25-07.50
41	Franklin Roman	Monroe-Woodbury	25-01.50

Varsity Boys Discus Throw

Name	Yr Team	Mark	Pts
1 Greg Marc	Spring Valley	124-05	6
2 Ryan Hickey	Onteora	122-01	4
3 Jeff Carroll	Nanuet	120-06	3
4 David Carlson	Kingston	119-01	2
5 David Bonaguira	NY-Ramapo	117-11	1

Varsity Boys Javelin Throw

Name	Yr Team	Mark	Pts
1 Harry Sullivan	Ramapo-NJ	147-03	6
2 Joe Spies	Westwood	133-06	4
3 Ryan Ross	Westwood	125-03	3
4 Dan Shambo	Kingston	121-11	2
5 Matt Przybocki	Pine Bush	118-09	1
6 Dave Carlson	Kingston	113-09	
7 Joseph Tokarz	RC Ketcham	111-05	

8	Klaus Kutz	RC Ketcham	110-06
9	Darren Cuppo	Monroe-Woodbury	109-01
10	Elmo Tinti	Onteora	104-02
11	Austin Strauss	Ramapo-NJ	103-03
12	Kevin Torres	Bergan Tech	103-00
13	Sawyer Bell	RC Ketcham	96-10
14	Joseph Harkins	RC Ketcham	95-07
15	Myles Harris	Kingston	93-05
16	Thomas Nicholas	Monroe-Woodbury	86-10
17	David Hadaller	Monroe-Woodbury	85-05
18	Aidan Holwent	Ramapo-NJ	82-02
19	Brandon Joy	Pine Bush	81-02
20	Nick Dvorak	Monroe-Woodbury	81-00
21	Luke Ward	Monroe-Woodbury	77-00
22	Tim Wade	Middletown	75-09
23	Corey Murphy	Longwood	74-04
24	Draven Nieves	Middletown	68-04
25	Matt Kiefer	Monroe-Woodbury	67-01
26	Nick DeMarco	Ramapo-NJ	64-09
27	James Laguer	Middletown	58-07
28	Adam Hart	Pine Bush	57-09

Varsity Boys Hammer Throw

Name	Yr Team	Mark	Pts
1 Justin Watson	Kingston	87-04	6
2 Tim Wade	Middletown	87-03	4
3 Miles Harris	Kingston	82-07	3
4 Ryan Parino	Monroe-Woodbury	79-03	1.5
4 Corey Murphy	Longwood	79-03	1.5
6 Daniel Parino	Monroe-Woodbury	73-03	
7 Luke Ward	Monroe-Woodbury	70-07	
8 Christian Gage	Kingston	68-04	
9 Luca Pasaquerillo	Monroe-Woodbury	66-10	
9 Nick Dvorak	Monroe-Woodbury	66-10	
11 Robert Hull	Middletown	66-07	
12 Kenny Hand	Monroe-Woodbury	66-02	
12 Ian Steel	Middletown	66-02	
14 Jason Sigman	Middletown	64-09	
15 Shaafel Hussan	Monroe-Woodbury	64-08	
16 Draven Nieves	Middletown	62-00	
17 E. Mendoza	Middletown	59-10	
18 Tim Carver	Middletown	59-06	
19 Troy McConico	Monroe-Woodbury	55-05	
20 Brandon Joy	Pine Bush	53-09	
21 Matt Kiefer	Monroe-Woodbury	49-03	
22 Evan Chen	Pine Bush	46-02	

Varsity Boys 4x100 Meter Relay

Team	Time	Pts
1 Newburgh Free Academy	42.60	6
2 NY-Ramapo	42.80	4
3 Cornwall	44.10	3

4	Longwood	44.30	2
5	Middletown	44.60	1
6	Newburgh Free Academy	45.20	
7	Suffern	45.90	
8	Pine Bush	46.80	
9	Middletown	46.90	
10	Onteora	47.80	
11	Monroe-Woodbury	51.00	
12	Kingston	52.70	
13	Middletown	58.80	

Varsity Boys 4x400 Meter Relay

Team	Time	Pts
1 Newburgh Free Academy	3:18.30	6
2 Monroe-Woodbury	3:20.80	4
3 Longwood	3:27.40	3
4 Wallkill	3:30.30	2
5 Middletown	3:32.40	1
6 Newburgh Free Academy	3:33.60	
7 Newburgh Free Academy	3:36.50	
8 Monroe-Woodbury	3:42.30	
9 Longwood	3:42.90	
10 Spring Valley	3:49.20	
11 Ramapo-NJ	3:51.80	
12 Onteora	4:03.70	
13 Monroe-Woodbury	4:06.80	

Varsity Boys 4x800 Meter Relay

Team	Time	Pts
1 RC Ketcham	8:17.80	6
2 Kingston	8:31.70	4
3 Monroe-Woodbury	9:05.70	3
4 Kingston	9:09.80	2
5 Cornwall	9:12.10	1
6 Newburgh Free Academy	9:24.40	
7 Onteora	9:48.90	
8 Highland	10:11.10	

Varsity Boys Distance Medley Relay

Team	Time	Pts
1 Pine Bush	11:02.70	6
2 Middletown	11:03.70	4
3 Ramapo-NJ	11:06.10	3
4 Monroe-Woodbury	11:32.70	2
5 Kingston	11:34.70	1
6 Monroe-Woodbury	12:12.70	
7 Monroe-Woodbury	12:16.10	
8 Kingston	12:31.80	
9 Onteora	12:59.00	

Varsity Boys 4x1600 Meter Relay

Team	Time	Pts
1 Kingston	18:49.20	6
2 Middletown	19:19.60	4
3 Monroe-Woodbury	19:35.90	3
4 Cornwall	19:59.10	2
5 Monroe-Woodbury	20:08.70	1
6 Onteora	20:17.40	
7 Kingston	20:49.10	
8 Bergen Tech	21:29.40	
9 Middletown	22:02.00	

Varsity Boys 1600 Meter Sprint Medley Relay

Team	Time	Pts
1 Monroe-Woodbury	3:30.20	6
2 Longwood	3:38.80	4
3 Suffern	3:39.60	3
4 Middletown	3:44.70	2
5 Longwood	3:47.10	1
6 Pine Bush	3:50.50	
7 Monroe-Woodbury	3:51.60	
8 Newburgh Free Academy	3:58.70	
9 Kingston	4:02.50	
10 Monroe-Woodbury	4:12.10	
11 Highland	5:28.40	

Varsity Girls 100 Meter Dash

Name	Yr Team	Time	Pts
1 Olivia Jebb	Cornwall	12.40	6
2 Dayzondra Gonzalex	Monroe-Woodbury	12.60	3.5
2 Kaylyn Gordon	NY-Ramapo	12.60	3.5
4 Keyshanna Symms	Longwood	12.80	1.5
4 Brianna Hoffman	Longwood	12.80	1.5
6 Katie Klercker	Onteora	12.90	

Varsity Girls 400 Meter Hurdles

Name	Yr Team	Time	Pts
1 Christina Jelenoy	Monroe-Woodbury	1:03.40	6
2 Dyanna McCaskill	Newburgh Free Academy	1:06.00	4
3 Jamie Barna	Ramapo-NJ	1:06.50	3
4 Elena Rudy	Cornwall	1:07.90	2
5 Jackie Pan	Bergen Tech	1:10.80	1

Varsity Girls 100 Meter Hurdles

Name	Yr Team	Time	Pts
1 Brittany Bryant	Cornwall	14.80	6

2	Aliyah Matta	Newburgh Free Academy	15.50	4
3	Jessica Feane	Suffern	15.60	3
4	Chantel Vital	Pine Bush	16.00	2
5	Nikki Mosey	Longwood	16.30	1
6	Roxan Smith	RC Ketcham	16.40	

Varsity Girls 800 Meter Run

	Name	Yr Team	Time	Pts
1	Gabrielle Cuccia	RC Ketcham	2:14.80	6
2	Amber Goodspeed	Middletown	2:17.10	4
3	Jillian Decker	Cornwall	2:18.70	3
4	Deanna DiLandro	Ramapo-NJ	2:19.20	2
5	Gabby Schneider	Monroe-Woodbury	2:19.50	1
6	Gianna Frontera	Newburgh Free Academy	2:20.90	
7	Taylor Hock	Pine Bush	2:26.10	
8	Suzanne Abribat	Ramapo-NJ	2:26.20	
9	Cynthia Gray	Pine Bush	2:27.40	
10	Julia Rubin Armstron	Onteora	2:30.10	
11	Dana Bianchi	Westwood	2:30.90	
12	Amanda Fasano	Cornwall	2:31.10	
13	Chelsea Edwards	Spring Valley	2:31.90	
14	Randi Gomez	Monroe-Woodbury	2:32.20	
15	K. Costantin	Suffern	2:32.70	
16	J. Borenkoff	Suffern	2:32.90	
17	Kalleigh Forrester	Newburgh Free Academy	2:33.00	
18	Kristen Caroselli	Pine Bush	2:33.10	
19	Brittany Mayek	Monroe-Woodbury	2:37.40	
20	Kaylin Bourke	Monroe-Woodbury	2:38.90	
21	Melanie Ramirez	Newburgh Free Academy	2:40.00	
22	Jenna DeRario	RC Ketcham	2:42.20	
23	Chelsea Dundudale	Newburgh Free Academy	2:43.70	
24	Chardon Leslie	Highland	2:45.80	
25	Ana Diaz	Monroe-Woodbury	2:48.70	
26	Sabrina Masean	Middletown	2:50.30	
27	Allison Castillo	RC Ketcham	2:52.10	
28	Astride Appolon	NY-Ramapo	2:53.30	
29	Sarah William	Newburgh Free Academy	2:55.00	
30	T. Lawrence	Newburgh Free Academy	2:56.10	
31	Hayley McCloskey	RC Ketcham	2:57.10	
32	Mary King	RC Ketcham	3:00.20	
33	Caitlyn Brewster	Highland	3:16.70	
34	Brianna Miskowitz	Highland	3:18.90	
35	Christine Sanchez	Nanuet	3:24.90	

Varsity Girls 1500 Meter Run

	Name	Yr Team	Time	Pts
1	Emily Waligurski	Onteora	4:45.40	6
2	Lisa Zimmer	Ramapo-NJ	4:45.70	4
3	Gianna Frontera	Newburgh Free Academy	4:47.40	3
4	Michelle Lujan	Wallkill	4:53.60	2
5	Ashley Wallace	Wallkill	4:57.30	1

Varsity Girls Pole Vault

	Name	Yr Team	Mark	Pts
1	Jordan Even-Chen	Ramapo-NJ	9-06.00	6
2	Megan Gambuti	Ramapo-NJ	9-00.00	4
3	Elena Rudy	Cornwall	7-06.00	3
4	Madeline Keshmover	RC Ketcham	7-06.00	2
5	Amber DeMatteis	Longwood	7-00.00	1

Varsity Girls High Jump

	Name	Yr Team	Mark	Pts
1	Rebecca Drake	Wallkill	5-02.00	6
2	Brittany Bryant	Cornwall	5-00.00	4
3	Courtney Jasmin	NY-Ramapo	5-00.00	3
4	Natanaelle Germain	Spring Valley	5-00.00	2
5	Meredith Przybocki	Pine Bush	4-10.00	1
6	Jordan Even-Chen	Ramapo-NJ	4-08.00	
6	Jenna Phillips	Ramapo-NJ	4-08.00	
6	Rebecca Briggs	Pine Bush	4-08.00	
9	Sahara Gipson	Ramapo-NJ	4-06.00	
10	Yvanno Montinat	Spring Valley	4-04.00	
10	Kassie Ellsworth	Kingston	4-04.00	
10	Kaitlyn Wood	Suffern	4-04.00	
10	Vanessa Phillips	Ramapo-NJ	4-04.00	
10	Tashalee Lawrence	Newburgh Free Academy	4-04.00	

Varsity Girls Long Jump

	Name	Yr Team	Mark	Wind
Pts				
1	Brittany Bryant	Cornwall	18-03.00	NWI
6	Olivia Jebb	Cornwall	17-09.00	NWI
4	Amber Toupe	Monroe-Woodbury	15-07.50	NWI
3	Megan McGrath	Highland	15-00.00	NWI
2	T. Lawrence	Newburgh Free Academy	14-07.75	NWI
1	Dana Bianchi	Westwood	14-06.25	NWI
	Emily Dowling	Bergan Tech	14-06.00	NWI
	Yvanno Montinat	Spring Valley	14-05.50	NWI
	Blair Caswell	Wallkill	14-05.25	NWI
	Nia Mitchell	Cornwall	14-04.25	NWI
	Vanessa Phillips	Ramapo-NJ	14-04.25	NWI
	Jackie Pan	Bergan Tech	14-03.25	NWI
	Meredith Przybocki	Pine Bush	14-03.00	NWI
	??? ???	Ramapo-NJ	14-01.00	NWI
	Erica Salmini	Ramapo-NJ	13-11.50	NWI

16	Jenna Phillips	Ramapo-NJ	13-08.75	NWI
17	Sabina Scharfenberg	Cornwall	13-08.50	NWI
18	Chelsea Spinelli	Pine Bush	13-06.75	NWI
19	Kaitlyn Wood	Suffern	13-05.50	NWI
20	Rachel Diaz-Grandois	Bergan Tech	13-05.00	NWI
21	Kassie Ellsworth	Kingston	13-03.25	NWI
22	Charday Sessions	Monroe-Woodbury	13-02.75	NWI
23	Rebecca Briggs	Pine Bush	13-02.25	NWI
24	Michelle Hannon	RC Ketcham	12-10.50	NWI
25	Danielle Scott	Bergan Tech	12-01.50	NWI
26	Manouchecka Deimas	NY-Ramapo	11-03.00	NWI

Varsity Girls Triple Jump

====	Name	Yr Team	Mark	Wind
Pts				
====				
1	Olivia Jebb	Cornwall	35-01.00	NWI
6	2 Danielle Coburn	Pine Bush	33-09.00	NWI
4	3 Nicole McRae	Newburgh Free Academy	33-06.00	NWI
3	4 Erin Lutley	Monroe-Woodbury	33-01.00	NWI
2	5 Dana Bianchi	Westwood	33-00.00	NWI
1	6 Evanna Ramirez	Longwood	32-06.00	NWI
	7 Gina Salmini	Ramapo-NJ	31-00.00	NWI
	8 Nia Mitchell	Cornwall	30-0.50	NWI
	9 Jackie Pan	Bergan Tech	29-11.00	NWI
	10 Emily Dowling	Bergan Tech	29-10.00	NWI
	11 Jordan Even-Chen	Ramapo-NJ	29-09.50	NWI
	12 Erica Salmini	Ramapo-NJ	29-03.00	NWI
	13 Danielle Scott	Bergan Tech	29-02.50	NWI
	14 Blair Caswell	Wallkill	29-00.00	NWI
	15 Megan McGrath	Highland	28-04.00	NWI
	16 Chelsea Spinelli	Pine Bush	27-04.00	NWI
	17 Gina DePietro	Deer Park	26-05.50	NWI

Varsity Girls Shot Put

====	Name	Yr Team	Mark	Pts
====				
	1 Aaliyah Pittman	Newburgh Free Academy	37-04.00	6
	2 Valerie Hinds	Kingston	36-01.75	4
	3 Katie Mollihan	Cornwall	34-02.00	3
	4 Rebecca Rich	Kingston	33-10.50	2
	5 Leah Roach	Longwood	33-03.00	1

Varsity Girls Discus Throw

====	Name	Yr Team	Mark	Pts
====				

1	Stephanie Catalioto	Cornwall	121-06	6
2	Aaliyah Pittman	Newburgh Free Academy	111-03	4
3	Valerie Hinds	Kingston	99-04	3
4	Sarah Abdel-karim	Longwood	96-01	2
5	Sonya Sachdev	Bergan Tech	91-08	1
6	Sophia Caride	Ramapo-NJ	68-01	

Varsity Girls Hammer Throw

Name	Yr Team	Mark	Pts
1 Rebecca Rich	Kingston	93-11	6
2 Madison Suardy	Kingston	85-11	4
3 Gabby Schneider	Monroe-Woodbury	79-04	3
4 Jazz Sanchez	Pine Bush	76-02	2
5 Valerie Hinds	Kingston	71-07	1
6 Sharon Brosnan	Monroe-Woodbury	68-11	
7 Elmo Tinti	Onteora	64-11	
8 Dehaya Flanders	Monroe-Woodbury	58-08	
9 Sami Ampel	Monroe-Woodbury	56-00	
10 Addison Muller	Onteora	54-10	

Varsity Girls Javelin Throw

Name	Yr Team	Mark	Pts
1 Rose Cardoscia	RC Ketcham	113-03	6
2 Sophia Caride	Ramapo-NJ	107-07	4
3 Hope Yi	Bergan Tech	103-10	3
4 Maria Casdoscia	RC Ketcham	96-03	2
5 Lauren Acevedo	RC Ketcham	94-04	1
6 Rachel Diaz-Grandois	Bergan Tech	88-00	
7 Renee Gide	Westwood	81-05	
8 Amanda Demeter	Kingston	81-00	
9 Yanique Spigner	Bergan Tech	77-03	
10 Kailee Oakes	Westwood	76-03	
11 Pittman	Newburgh Free Academy	72-08	
12 Madison Suardy	Kingston	71-05	
13 Sharon Brosnan	Monroe-Woodbury	66-05	
14 Rebecca Rich	Kingston	66-04	
15 McKrae	Newburgh Free Academy	66-03	
16 Emmani Robinson	Newburgh Free Academy	61-11	
17 Kelly Lynch	Middletown	56-01	
18 Emily Casazza	Monroe-Woodbury	54-08	
19 Sierra Russell	Kingston	52-11	
20 Christina Barton	Kingston	51-07	
21 Valerie Hinds	Kingston	50-07	
22 Maria Diaz	Middletown	45-01	
23 Brittany Diehl	Kingston	44-00	
24 Silvia Miran	Middletown	38-02	
25 Olivia Aine	Monroe-Woodbury	31-03	

Varsity Girls 4x100 Meter Relay

Team	Time	Pts
------	------	-----

1	Kingston	49.20	6
2	Cornwall	50.20	4
3	Monroe-Woodbury	50.40	3
4	Newburgh Free Academy	50.60	2
5	Pine Bush	51.30	1
6	Spring Valley	51.50	
7	NY-Ramapo	51.80	
8	Middletown	52.30	
9	Onteora	53.30	
10	Middletown	54.30	
10	Deer Park	54.30	
12	Highland	54.50	
13	Monroe-Woodbury	55.90	
14	Cornwall	57.20	
15	Wallkill	57.90	
16	Monroe-Woodbury	1:02.30	
17	Kingston	1:07.80	

Varsity Girls 4x400 Meter Relay

Team	Time	Pts
1 Newburgh Free Academy	4:05.50	6
2 Ramapo-NJ	4:10.80	4
3 Monroe-Woodbury	4:13.00	3
4 Kingston	4:13.40	2
5 NY-Ramapo	4:16.80	1
6 Suffern	4:18.80	
7 Kingston	4:37.60	
8 Suffern	4:38.90	
9 Suffern	4:42.90	
10 Monroe-Woodbury	4:43.50	
11 Monroe-Woodbury	4:46.60	
12 Middletown	5:01.40	

Varsity Girls 4x800 Meter Relay

Team	Time	Pts
1 Suffern	10:07.50	6
2 Monroe-Woodbury	10:29.90	4
3 Highland	13:33.60	3

Varsity Girls 4x1600 Meter Relay

Team	Time	Pts
1 Monroe-Woodbury	22:12.00	6
2 Suffern	22:26.50	4
3 Newburgh Free Academy	28:31.20	3

Varsity Girls Distance Medley Relay

Team	Time	Pts
1 Suffern	13:02.10	6

2 Middletown	13:41.10	4
3 Kingston	14:10.30	3
4 Kingston	14:54.30	2
5 Wallkill	16:16.60	1

Varsity Girls 1600 Meter Sprint Medley Relay

Team	Time	Pts
1 Kingston	4:13.60	6
2 Monroe-Woodbury	4:14.40	4
3 RC Ketcham	4:20.60	3
4 Pine Bush	4:25.00	2
5 Longwood	4:26.20	1
6 Newburgh Free Academy	4:26.50	
7 Onteora	4:34.50	
8 Monroe-Woodbury	4:35.70	
9 Middletown	4:44.20	
10 NY-Ramapo	4:51.10	
11 Deer Park	4:55.00	
12 Wallkill	4:59.40	

Varsity Girls Team Scores (19 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Fld	Oth
1 Cornwall	53	6	3	8	4	32	0
2 Kingston	39	0	0	0	19	20	0
3 Monroe-Woodbury	38.5	3.5	1	6	20	8	0
4 Newburgh Free Academy	36	0	3	8	11	14	0
5 Ramapo-NJ	27	0	6	3	4	14	0
6 RC Ketcham	20	0	6	0	3	11	0
7 Suffern	19	0	0	3	16	0	0
8 Pine Bush	12	0	0	2	3	7	0
9 Wallkill	10	0	3	0	1	6	0
10 Longwood	9	3	0	1	1	4	0
11 Middletown	8	0	4	0	4	0	0
12 NY-Ramapo	7.5	3.5	0	0	1	3	0
13 Onteora	6	0	6	0	0	0	0
14 Highland	5	0	0	0	3	2	0
14 Bergen Tech	5	0	0	1	0	4	0
16 Spring Valley	2	0	0	0	0	2	0
17 Westwood	1	0	0	0	0	1	0

Frosh/Soph Girls Team Scores (10 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Fld	Oth
1 Newburgh Free Academy	29	0	0	0	14	15	0
2 Monroe-Woodbury	23	0	0	0	7	16	0
3 North Rockland	16.5	0	0	0	3	13.5	0
4 Westwood	16	0	0	0	7	9	0
5 Onteora	13	0	0	0	0	13	0

6 Suffern	10	0	0	0	9	1	0
7 Valley Central	9	0	0	0	9	0	0
8 RC Ketcham	8	0	0	0	0	8	0
9 Longwood	7	0	0	0	1.5	5.5	0
10 Middletown	6	0	0	0	6	0	0
11 Wallkill	4	0	0	0	0	4	0
12 Pine Bush	3.5	0	0	0	3.5	0	0
13 Nanuet	3	0	0	0	0	3	0
13 Spring Valley	3	0	0	0	0	3	0
13 NY-Ramapo	3	0	0	0	0	3	0
16 Washingtonville	2	0	0	0	2	0	0
17 Cornwall	1	0	0	0	0	1	0
17 Kingston	1	0	0	0	0	1	0
17 Bergen Tech	1	0	0	0	1	0	0
17 Nyack	1	0	0	0	1	0	0

Frosh/Soph Boys Team Scores (10 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Fld	Oth
1 North Rockland	17	0	0	0	2	15	0
1 Monroe-Woodbury	17	0	0	0	3	14	0
3 Washingtonville	16	0	0	0	16	0	0
4 Cornwall	15	0	0	0	3	12	0
5 Longwood	13	0	0	0	0	13	0
5 RC Ketcham	13	0	0	0	6	7	0
7 Pine Bush	12	0	0	0	8	4	0
8 Newburgh Free Academy	10	0	0	0	3	7	0
8 Suffern	10	0	0	0	8	2	0
10 Kingston	9	0	0	0	2	7	0
11 Valley Central	8	0	0	0	4	4	0
12 Pearl River	3	0	0	0	0	3	0
12 Highland	3	0	0	0	0	3	0
12 Tappan Zee	3	0	0	0	3	0	0
12 Westwood	3	0	0	0	3	0	0
16 Middletown	2	0	0	0	0	2	0
16 Bergen Tech	2	0	0	0	0	2	0
18 Green Meadow	1	0	0	0	1	0	0
18 Wallkill	1	0	0	0	0	1	0
18 Nyack	1	0	0	0	1	0	0
18 NY-Ramapo	1	0	0	0	1	0	0

Varsity Boys Team Scores (19 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Fld	Oth
1 Longwood	52.5	6	10	2	10	24.5	0
2 Monroe-Woodbury	45.5	0	2	10	19	14.5	0
3 Kingston	32	0	0	4	13	15	0
4 Middletown	23	0	0	3	12	8	0
5 RC Ketcham	22	4	0	9	6	3	0
6 Newburgh Free Academy	20	2	0	0	12	6	0
7 Pine Bush	15	0	4	0	6	5	0
8 Cornwall	13	1	3	0	6	3	0

9 NY-Ramapo	12	3	0	0	4	5	0
10 Onteora	11	0	0	0	0	11	0
10 Ramapo-NJ	11	0	0	2	3	6	0
12 Suffern	10	0	7	0	3	0	0
13 Wallkill	9	0	2	0	2	5	0
14 Westwood	8	0	0	0	0	8	0
15 Spring Valley	6	0	0	0	0	6	0
16 Nanuet	5	0	0	0	0	5	0
17 Nyack	4	0	4	0	0	0	0
18 Bergen Tech	3	0	0	0	0	3	0
19 Highland	2	0	0	2	0	0	0